



Cochise County Jail Provider

PATIENT: Kristina Hills
DATE OF BIRTH: 09/17/1976
DATE: 04/16/2019
HISTORIAN: Inmate
VISIT TYPE: Chronic complaint/ER visit follow-up

*White a client @ the
Casa de Vida 5/19-
7/19 it addressed
left inguinal pain/
lump - thorough blood
work Diagnosed w/
Severe mononucleosis*

HPI: I/P was sent to the ED for evaluation last night for complaints of left inguinal pain, lump. RN assessing, I/P unsure if she had an incarcerated hernia. I/P was diagnosed with lymphadenopathy and discharged. Chronic condition/complaint.

PAST MEDICAL/SURGICAL HISTORY: Hep C (per I/P, "took two Hep C shots"), TBI 2012, Osteomyelitis in spine, PID in November 2018(treated), RA

FAMILY HISTORY: Not on file

SOCIAL HISTORY: History of IVDU heroin, Marijuana. Positive for Tobacco. Denies ETOH

CURRENT MEDICATIONS: none

ALLERGIES: NKMA

REVIEW OF SYSTEMS:

| System | Neg/Pos | Details |
|-----------------|----------|---|
| Constitutional | Negative | Fatigue, fever, night sweats |
| ENMT | Positive | nasal congestion |
| Eyes | Negative | Eye discharge, vision changes, vision loss |
| Respiratory | Negative | SOB, Cough |
| Cardio | Negative | Chest pain, claudication and irregular heartbeat/palp |
| GI | Negative | Bloating, Abdominal pain, Constipation, N/V/D |
| GU | Negative | Dysuria, Hematuria, Polyuria, penile or vaginal DC |
| Endocrine | Negative | Cold/Heat intolerance, polydipsia, polyphagia |
| Neuro | Negative | Gait disturbance |
| Psych | Negative | Anxiety and depression |
| Integumentary | Positive | lump left inguinal area |
| MSK | Positive | Bilateral ankle pain, chronic |
| Heme/lymph | Negative | Unusual bleeding or bruising |
| Allergic/Immuno | Negative | Environmental allergies or Food allergies |

VITAL SIGNS- BP mm/Hg: Weight/BMI:
Temp/Pulse/Resp: SPO2: (See orders for VS)

FUNCTIONAL STATUS: Performs ADLs without assistance

PHYSICAL EXAM:

| Exam | Findings | Details |
|----------------|----------|--|
| Constitutional | Normal | Well developed, well kempt |
| HEENT | Normal | Conjunctiva clear, PERRLA, |
| Respiratory | Normal | CTA Bilat, effort without difficulty |
| Cardiovascular | Normal | RRR, S1S2, No murmurs, rubs or gallops |
| Skin | Abnormal | Left inguinal node palpable, tender, moveable |
| MSK | Normal | Visual overview of all four extremities normal; left ankle larger than right |
| Neurological | Normal | Intact, short term memory issues, I/P states she forgets easily due to TBI |
| Psychiatric | Normal | A/O x 4, Appropriate mood/affect |

ASSESSMENT/PLAN:

1. Assessment: Patient comes to clinic because of the above-mentioned complaint and follow up from ER visit. Advised I/P of discharge diagnosis and likely reactive lymph node. I/P reassured and offered STD testing in which she declined. Also discussed chronic ankle pain and that moist heat would likely be more effective than ice due to chronic rather than acute pain.

Impression: Chronic localized lymphadenopathy

Plan Orders: Provide I/P with copies of requests she submits so that she can keep track of her requests due to short term memory loss.

2. Other:

MEDICATIONS (Added, Continued, or Stopped today):

| Start Date | Medication | Directions | PRN status | DC date |
|------------|------------|------------|------------|---------|
|------------|------------|------------|------------|---------|

04/16/2019
1547

